Combinations with repititions:

The number of ways to distribute objects of n different types over r different containers equals:

$$C(n+r-1,r)$$

(assuming there are enough objects of each type)

Explanation: this equals the number of ways to place r crosses and n-1 dividers in a row.

Examples:

The number of different ways to fill a box with r doughnuts, if the doughnut shop sells n different types of doughnuts.

The number of solutions to the equation

$$x_1 + x_2 + \ldots + x_n = r,$$

where all variables x_i are non-negative integers.

The number of ways to choose three integers i, j, k, where $0 \le i \le j \le k \le 100$

The number of times the print statement is executed in the program:

for i := 1 to 20 do for j := i to 20 do for k := j to 20 do print (i * j + k)